



ALL YOUR MIGHT



ARMENIA YEREVAN MISSION

December 2006

Dear Elders and Sisters,

As missionaries and representatives of the Lord, Jesus Christ, the most important thing we do is to bring people to Christ through baptism and receiving the Holy Ghost. Our goal this month is to have as many of our brothers and sisters in Armenia and Georgia dressed in white in preparation for their baptism as possible. This is our "White Christmas".

We ask each companionship to have someone prepared during the month of December to enter the waters of baptism and make sacred covenants with their Lord. This work will be our gift to our Savior as we commemorate His birth and the blessings of the atonement and resurrection.

The Lord has prepared many people to recognize His gospel. They are waiting to be introduced to the truth. As you prepare yourselves by obedience, study and prayer,

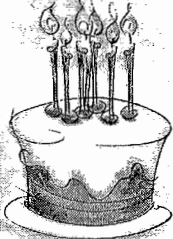
the Lord's power will assist you in finding and teaching those who will be baptized this month. May our individual and united efforts be worthy of our calling and the trust the Lord has in us to bring His word to this people.

We love and admire you. We are grateful for your effort and are thankful to share this time of service with you.

President and Sister Bartholomew

December Birthdays

- December 5 - Elder Atkinson
- December 12- Sargis Ayvazyan
- December 19- Felix Baluyan
- December 21- Elder Baum



We Will Miss

Elder Dunlap
Elder Harper
Elder Quinn
Sister Nugent
Sister Spisak
Sister Woodbury
Elder & Sister Rowberna

Best Wishes!

Welcome to the
Armenia Yerevan Mission

Elder and Sister Doty
CES Missionaries in Armenia

Elder and Sister Gillman
LDS Charities Missionaries
In Georgia



Spotlights

Sister Gardiner

Sister Gardiner is the fourth of five children in her family. She was born and raised in Pocatello, Idaho and completed High School at Highland High in Pocatello. She attended Utah State University and LDS Business College where she worked as she went to school. She worked one summer in North Carolina as an office manager and was asked to work the next year in Florida at a larger office. However, she chose to serve a mission instead, so even though she loved working she only spent part of the summer there.

Sister Gardiner is highly organized and energetic and has the ability to get things done. She is also very good with children. Many times she has done babysitting and the children always want her to come back even though she always made them do their chores or clean for their mothers before they could do fun things. She would like to have a large family of her own someday.

She loves water and snow sports, traveling, politics and she loves people and meeting new people.

Sister Davis

Sister Davis grew up in Centerville, Utah which is 13 miles north of Salt Lake City. She has one older brother and two younger sisters. She has always liked music, even as a toddler she would walk around humming.

Sister Davis is an accomplished musician. She plays the flute and the piano and loves to sing. She was a member of her high school madrigal choir and sang with her institute choir. She is an excellent student and enjoys reading. She likes to participate in many sports and enjoys the out of doors. She enjoys hiking and whitewater rafting with her family.

She graduated from Viewmont High as Valedictorian and she earned her bachelors degree in anthropology with a minor in English from Weber State University graduating summa cum laude. Sister Davis is always willing to help others and has been a great example for others to follow.



Message from the Assistants to the President

For those of you who have not experienced a Christmas in the field you are in for a wonderful treat. As we strive to enjoy a "white Christmas" let us share a few ideas we have that will help you along the way:

- The joy of Christmas comes from giving gifts and remembering the Greatest Gift ever given. We are blessed to serve in Christian nations who love and honor the Savior. So use that to your advantage to get into the doors of investigators at this time of year by inviting yourselves over to share with them the message of the Greatest Gift ever.
- As Christmas and New Years approaches you will hear a lot of people say, "With the holidays here, I really don't have time to meet right now." To avoid an immediate shut down, take this opportunity to ask them why this time is so special for them and how they are preparing for it. Then share your testimony with them of why it is so important to you and how their holiday season can become even better.
- Continue to focus on the basics. Do the things you have been taught such as daily planning, specific finding plans, effective studies focused on investigators, good street contacting skills, etc. We know that if we are consistent in our exact obedience and continue to do those basic skills the Lord will bless us. He will lead us to those ready to accept our message.

Elders and Sisters we love you. We hope and pray that you will be able to feel the love of the Savior during this special time of year. The true joy of Christmas comes from sharing the light of Christ with others. May the Lord bless you with success and comfort as you turn your life over to Him through your service.

Elder Schroeder and Elder Dunlap



No Filters Need
Changing
This Month



Health Advice

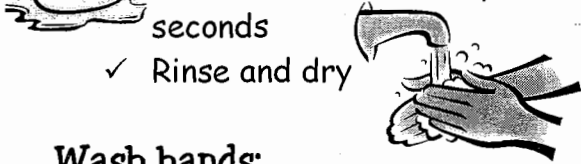
From Sister Bartholomew

Commandment #4

Keep Your Hands and Bodies Clean

Proper hand washing is most important.

- ✓ Wash hands with soap and water
- ✓ Lather hands with soap for 30 seconds
- ✓ Rinse and dry



Wash hands:

- ✓ Before and after handling raw food and before eating
- ✓ After using the bathroom
- ✓ After proselyting, church meetings, etc.
- ✓ After touching anything that is wet from a person or animal

Waterless Washing Options:

- ✓ Isopropyl alcohol (70%)
- ✓ Antibacterial gel
- ✓ Wipes
- ✓ Carry soap or small bottle of alcohol in back pack

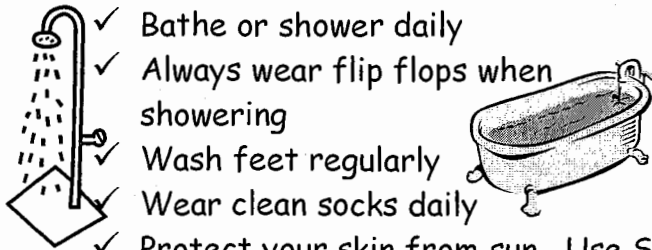
Brush and Floss Teeth:

- ✓ Every day to prevent caries and gum disease
- ✓ Brush after eating or at least morning and evening
- ✓ Floss between teeth once daily (wash hands first)



Other Important practices:

- ✓ Bathe or shower daily
- ✓ Always wear flip flops when showering
- ✓ Wash feet regularly
- ✓ Wear clean socks daily
- ✓ Protect your skin from sun. Use SPF 30 or greater sunscreen
- ✓ Avoid going barefoot, use flip flops



Cook's Corner

WASSAIL: Heat apple juice with some pineapple or orange juice. Add cinnamon, nutmeg, lemon juice and sugar or honey to taste. Heat and enjoy the warmth.

HOT CHOCOLATE: Mix $\frac{1}{2}$ cup sugar, $\frac{1}{4}$ cup cocoa and a dash of salt in a saucepan. Stir in $\frac{1}{3}$ cup hot water. Boil for 2 minutes. Stir in 4 cups milk. Heat only. Remove. Add $\frac{3}{4}$ tsp vanilla.

DATE NUT COOKIES:

Mix: $\frac{1}{2}$ cup oil
1 cup brown sugar
2 eggs
3 TBS milk
1 tsp vanilla

Sift and stir in:

2 cup flour
 $\frac{3}{4}$ tsp soda
1 tsp salt

Stir in: •

2 cup oats
 $1\frac{1}{2}$ cup dates, chopped (available now at the shuka)
 $\frac{3}{4}$ walnuts, chopped

Chill dough, put in balls on cookie sheet and flatten with a glass. Bake at 350°F For 10-12 minutes or until lightly browned.

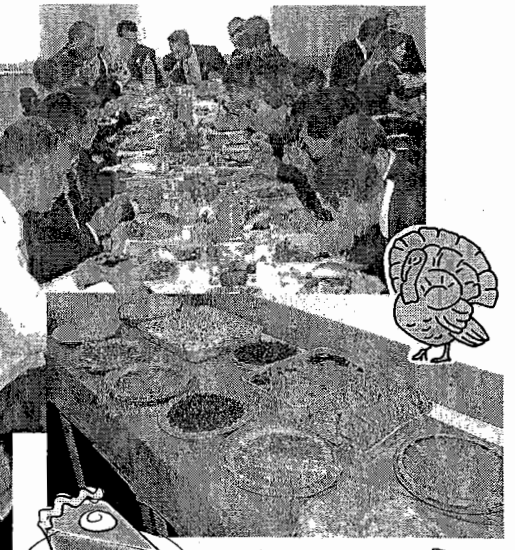
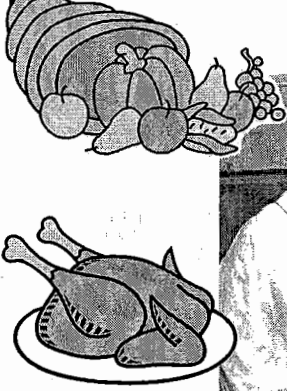


HAMBURGER PASTA SOUP

1 cup uncooked small pasta shells
 $\frac{1}{2}$ lb hamburger
1 med onion, chopped
2 cloves garlic, minced
5 cups water with bouillon cubes added
2 cans white beans or kidney beans, rinsed and drained
1 qt canned tomatoes, chopped up
2 tsp. oregano
2 tsp basil (or Italian seasoning)
1 tsp salt
Cook pasta according to package directions. Meanwhile in large pan, cook hamburger, onions and garlic over medium heat until meat is done. Drain. Stir in water, beans, tomatoes and seasonings. Bring to a boil.



It was great to have the whole Tbilisi group present



The dessert table



Singing Before the food was served



McOmbers dished up the food and the senior missionaries served



Elder Rigby



A lively group



Sister McOmber leading music for The bells



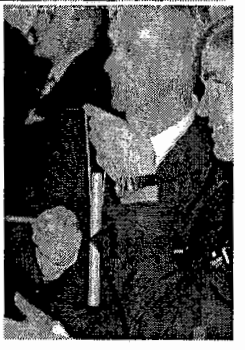
The rules of etiquette became a bit more relaxed as the day progressed. Is that Elder Dixon?



Elders L. Smith, Dzierzon, & Brown



Everyone enjoyed playing the bells and singing songs.



Yearbook Photo Rejects:

