

*Guatemala - El Salvador Mission*

OCTOBER  
1969



## THE MISSION HOME

President.....Elder David G. Clark  
Our Mission Mother..... Sister Bonnie Clark  
1st Assistant.....Elder Ken Ethington  
2nd Assistant..... Elder Wayne Wride  
3rd Assistant..... Elder Wayne Francom  
Financial Secretary..... Elder Dennis Reed  
Membership Secretary..... Elder Ray Monroe  
Commissarian..... Elder Jim Hansen  
Manager Public Relations..... Elder Steve Alexander

## SPECIAL GATHERERS

Fellowshipping Committee..... Elder Bob Aker  
Elder Craig Mortensen  
Home Teaching, Family Home Evening..... Elder Ivan Jones  
Elder Ron Taylor  
Priesthood Advancement..... Elder Clinton Andrus  
Elder Edward Quist  
Primary, Relief Society.....Sister Katie Beecroft  
Sister Roxy Stewart  
Temple Excursion.....Elder Alan Miner

"This work, which is responded to voluntarily by our missionaries' proclaiming of the gospel, is not just an ordinary pursuit. This is the gospel of Jesus Christ, the power that will enable men to prepare themselves for the succesful fulfillment of this life's purposes and for the life to follow this one. I have often thought that we cannot cheapen, in any sense, the great message that we have for people. This means eternal life to them. And with this concept, where is the missionary with full understanding of this responsibility who will not give valiantly of his time- every waking hour- while he is in the missionfield to serve the Lord....Missionary work is far greater than you and I. It is more than just baptisms and goals each month. These are but a means to an end. We are preparing people to be leaders in the worlds that will follow this one. This is God's work. Our work is to help him get people into the Church. There is no other reason for being in the missionfield."

Alvin R. Dyer

Dear Missionaries,

The Savior said,

"I go and prepare a place for you; I will come again and receive you unto Myself that where I am, there ye may be also." John 14:3

This life is created with the purpose of preparing us to meet God once again.

"God is our Father. He is the Father of our spirits and He has offered to his children in the world an inheritance if they will accept it, and that inheritance is eternal life in the celestial kingdom." George Albert Smith

The Lord requires earnest dedication to our goal of eternal life. Among the missionaries there are a few who trifle with rules and regulations of the mission. I am sure these same missionaries trifle with the commandments of God. These missionaries we call fence sitters don't then ever have any security, in which pasture they will finally graze. The only thing they can be sure of, is that eventually they will land on one side of the fence or the other, which side, of course, will be the one which has the most gravitational pull.

"It is true that we are weak, erring creatures, liable at any time to grieve the Spirit of God; but so soon as we discover ourselves in a fault, we should repent of that wrong doing and as far as possible repair or make good the wrong we may have committed." Lorenzo Snow

"The Lord created you and me for the purpose of becoming Gods like Himself; when we have been proved in our present capacity and have been faithful with all things He puts into our possession. We are created, we are born for the express purpose of growing up from the low estate of manhood, to become Gods like unto our Father in Heaven. That is the truth about it, just as it is." Brigham Young

John wrote the Church in Laodice,

"I know thy works, that thou art neither cold nor hot: I would thou wert cold or hot. So then because thou art lukewarm and neither cold nor hot, I will spue thee out of my mouth." Rev. 3:15, 16

Be resolute in righteousness; choose goals which will lift you to Godhood; There will never be a better time in your life to establish a secure future with the Lord. The habits you develop here in your mission whether good or bad, will establish your course through the eternities. Make your pastures the Lord's, where one eats and drinks of the fullness, in this life and in the life everlasting.

Yours faithfully,

President and Sister Clark

Dear Elders and Sisters,

Repentance is change. True repentance will bring about an inward change which will, in turn, cause definite outward manifestations to become apparent. Just as one loses spiritual light and understanding through disobedience, by obedience his light is increased. His countenance will bear the image of God and will radiate His glory. Through diligence his heart becomes pure, his mind single, and through mercy he is forgiven and cleansed.

Repentance is the most basic principle of progress and self-improvement. Oftentimes we err and associate repentance only with great sins and grievances, but each time we make a step, however small, from evil to good; each time we, in humility and sincerity, replace a bad thought with a virtuous one, correct a wayward speech pattern, or overcome any weakness, we make use of the principle of repentance. Our life will be a continual application of repentance, of seeking and obtaining forgiveness, and our "light will grow brighter and brighter until the perfect day" only as we are anxious to improve ourselves through personal commitment and repentance.

There is another part of repentance that we sometimes ignore, an act of our own which prevents or seriously hinders the repentance of another. In our arrogance we cruelly refuse to forgive.

"Wherefore I say unto you that ye ought to forgive one another; for he that forgiveth not his brother his trespasses standeth condemned before the Lord; for there remaineth in him the greater sin. I, the Lord, will forgive whom I will forgive, but of you it is required to forgive all men." (D&C 64:9-10.)

There are but two unforgivable sins before the Lord, but there appear to be many thousands of unforgivable sins before the Lord's children. It may be simply shortsightedness that blinds our eyes to the sincere attempts at improvement of our friends and associates and causes us to harbor grudges, to speak evil against them, or to refuse to soften our hearts towards them. It is, in any case, a surrender to evil influences that prevents us from loving and forgiving them. We should be anxiously concerned for the spiritual well-being of all our brothers and sisters. We should expect change. We should seek for opportunities to help positive changes to occur in the lives of others, and when someone does actually repent, we should be inwardly and outwardly happy for him. There is no exception; the Lord has required us to forgive all men.

When we allow another to repent, when we, ourselves, apply this great saving principle in our lives not overlooking even our smallest weakness, and continue to walk before the Lord in righteousness from day to day; then love will become the dominating force in our lives and we shall become as Alma's people when "...their souls did expand...a mighty change was also wrought in their hearts, and they humbled themselves and put their trust in the true and living God."

"And now behold, I ask of you, my brethren of the church, have ye spiritually been born of God? Have ye received his image in your countenances? Have ye experienced this mighty change in your hearts?" (Alma 5:9, 13, 14.)

Elder Ken Ethington  
1st Assistant

Dear Fellow Missionaries,

Many and great are the blessings promised unto the humble.

"And inasmuch as they were humble they might be made strong, and blessed from on high, and receive knowledge from time to time." D & C 1:28

"Be thou humble; and the Lord thy God shall lead thee by the hand, and give thee answer to thy prayers." D & C 112:10

"For my Spirit is sent forth into the world to enlighten the humble...."  
D & C 136:33

"...and my grace is sufficient for all men that humble themselves before me, for if they humble themselves before me, and have faith in me, then will I make weak things become strong unto them." Ether 12:27

"Whosoever therefore shall humble himself as this little child, the same is the greatest in the kingdom of heaven." Matt. 18:3, 4

Do our daily actions indicate that we are humble? Before we answer that question, let's see what humility actually is. Webster says that humility is, freedom from pride and arrogance; act of submission."

Ralph E. Packard wrote an article in The Instructor where he says, "humility connotes sensitivity, willingness to learn, basic respect for self, and basic respect for others."

In his book The Life of Christ, Frederic W. Farrar believes that humility is the willingness to serve and help others."

Humility is one of the divine attributes of God, and as we develop it within ourselves we place ourselves in a position to receive more of the light of Christ and thereby perceive and understand the "things of the kingdom."

Perhaps we could listen more attentively to our associates, even if we already know what they're going to say. It might be fruitful to be more empathetic with others, feel what they feel; put yourself in their shoes once in a while.

How about our interest and willingness to learn. From the old, our contemporaries and even the younger generations, or does it hurt our ego to have to admit there are a few lessons we haven't learned as of yet? How many of us ever express our thankfulness for the helpful instructions of others?

Are we submissive to the requests of our companions, the constructive criticisms of our friends, and more important are we submissive to the will of the Lord? Do we wrestle with our conscience, employing rationalizations so that we can justify our actions, where the only justifiable course is the Lord's?

Could we be a little more generous with our means, a helping hand, a kind word, a warm smile? They cost nothing, but the giver always receives his reward. These small acts of kindness, thoughtful consideration, and a little self-restraint are manifestations of how humble we are. In exchange for these acts of humility the Lord has promised strength, knowledge, divine guidance, even the kingdom of heaven. As you can well see, any effort to be more humble merits large rewards. My prayer is that we will all be more desirous of this divine virtue, and try conscientiously to cultivate it.

Faithfully yours,  
Elder K. Wayne Wride

Dear Fellow Missionaries,

While here on our missions in Guatemala and El Salvador we see a lot which we never dreamt of seeing. We learn a lot which one could not learn in living in the good ole' United States. I for one am proud of the heritage which was left to me by my ancestors, but also I am glad to have this experience among this people in their country.

I would like to share a few words with you which I found and it may be possible for you to share them with your investigators. This message was once given to the President of the United States by a group of young people.

"We stand for preservation of our heritage through obedience to law. Without law, respect for it, living by it, upholding it, we would have no heritage.

Law assures that orderly processes will lead to known results. Without law there would be no safety, no standards, no assurance, no guidelines in life.

Without law men, nature, life, would be in complete chaos. Then why, O why, should there be looseness pertaining to law failure to uphold it? Frank Crane

once gave some terse sentences on this subject:

'They think they can beat the orderly universe. They conceive themselves to be more clever than the eternal laws. They snatch goods from Nature's store, and run

And one by one they all come back to Nature's counter, and pay-pay in tears, in agony, in despair; pay as fools before them have paid....Nature keeps books pitilessly. Your credit with her is good, but escape

her bailiffs....She never forgets; she sees to it that you pay her every cent you owe, with interest.'

Thank God for law, for those who respect it, live by it, help to sustain it: for the laws of health; for the renewal of the air and water of the earth for seeds that produce what was planted, for the succession of the seasons, for everything that leads to a known result, and sustains life, and makes peace and orderly purpose possible. Everything we have, everything we may ever expect to have, everything we can count on would be lacking without law. Everything that we can count on comes with living and working with law.

We stand for the preservation of our heritage through obedience to law."

If we just learn one thing on our mission and that thing is obedience to the laws of God as well as to the laws of the land then our mission will be well worth every minute that we spend here. That we may all live according to the laws which the Lord has set up for this mission is my sincere desire.

Truly yours,

*WE Francom*  
Elder W. E. Francom  
Third Assistant

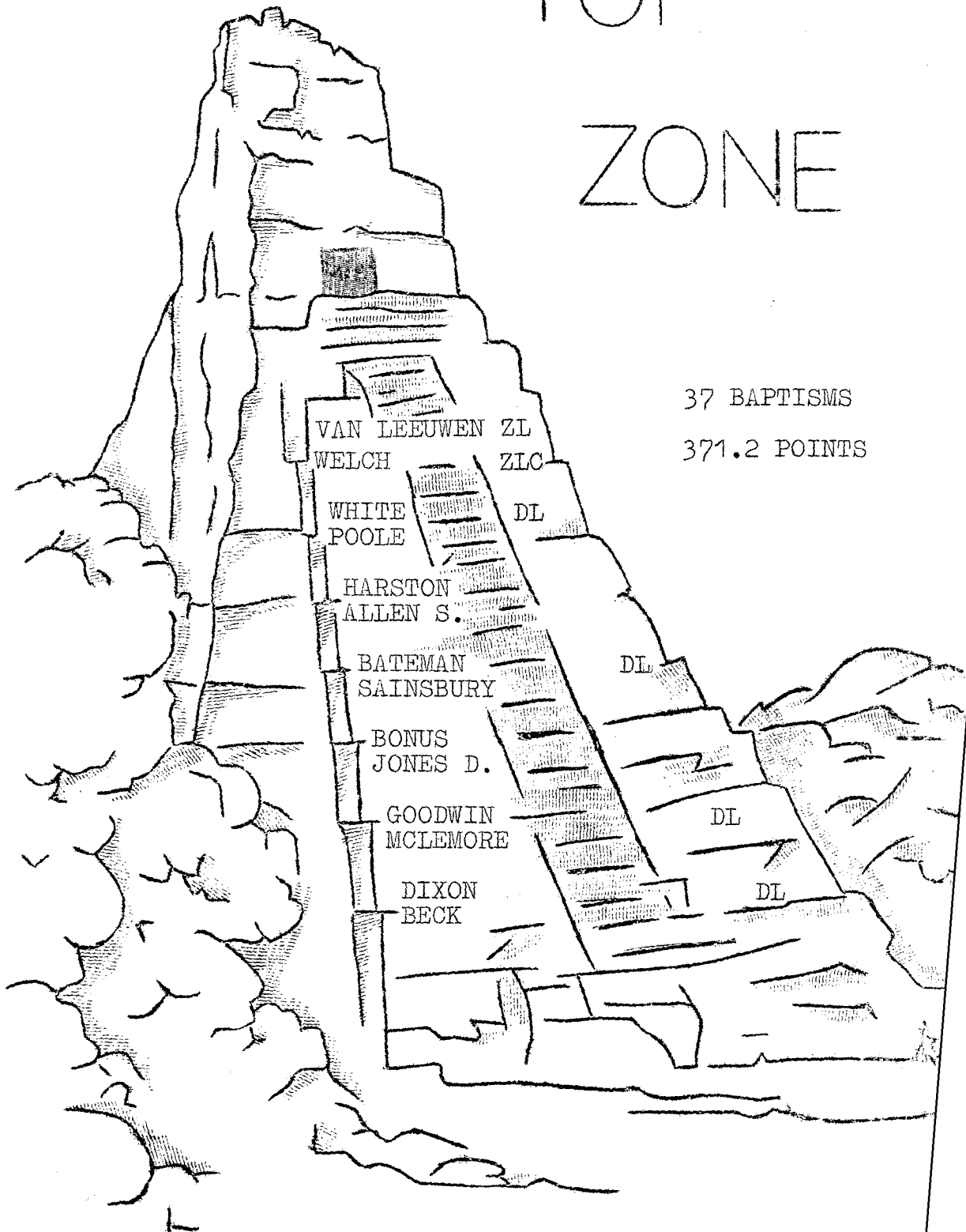


# TOP

# ZONE

37 BAPTISMS

371.2 POINTS

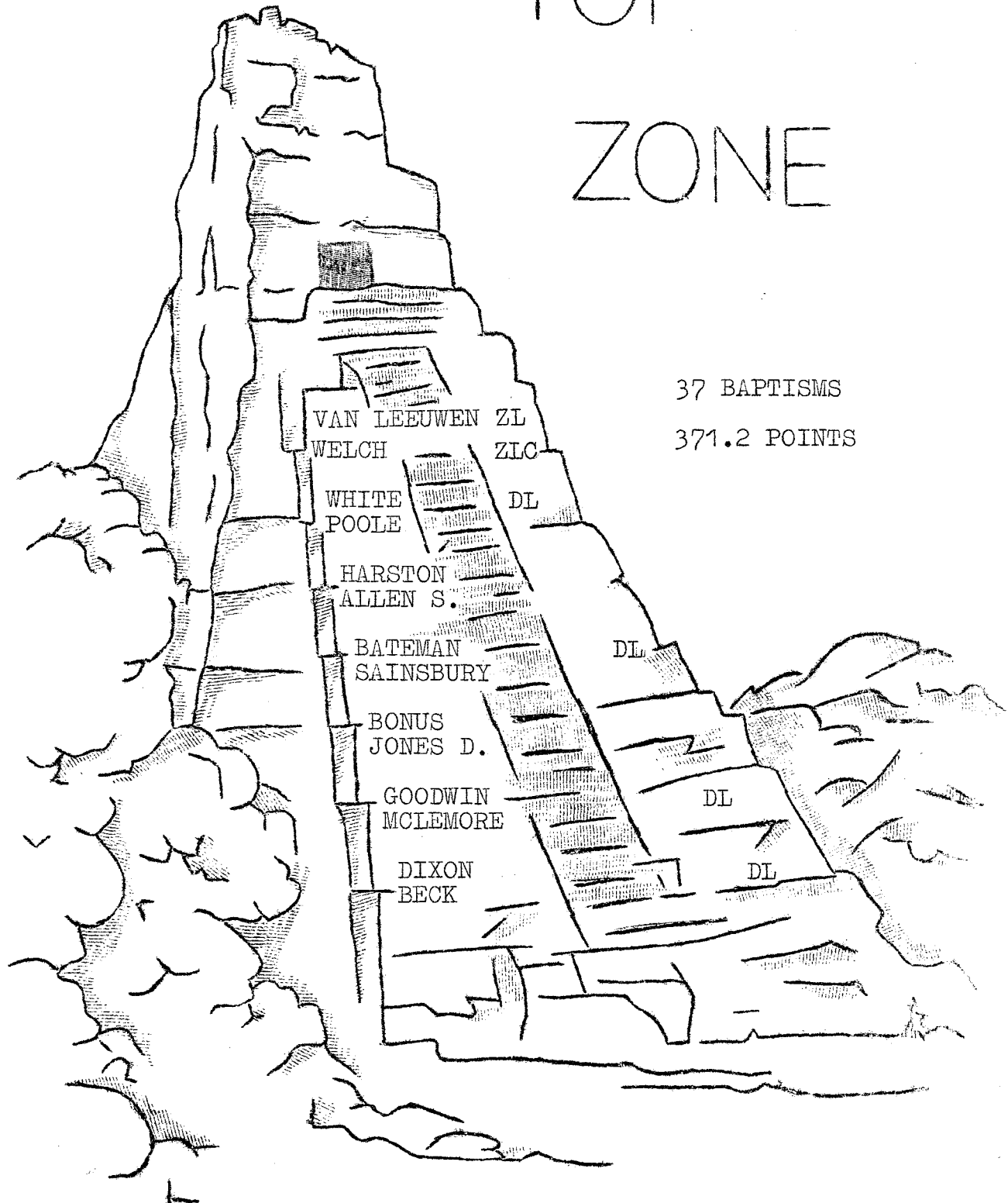


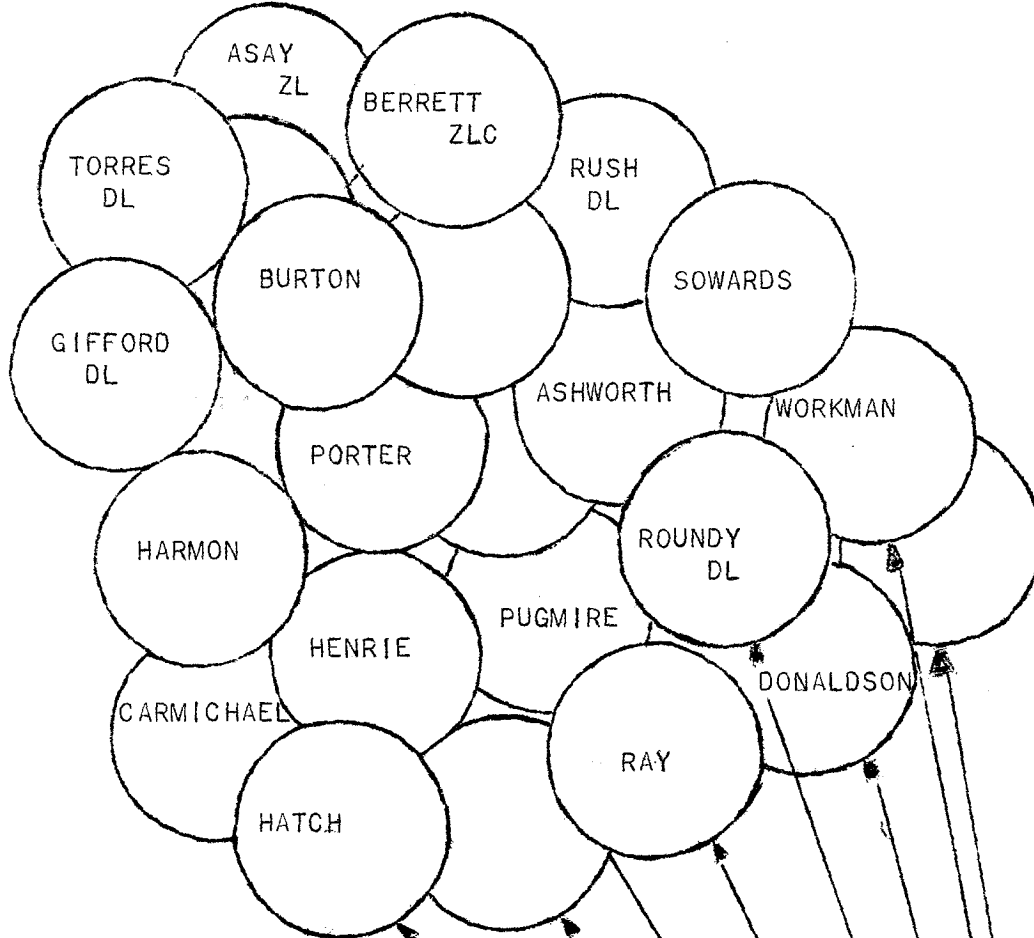
TOP

ZONE

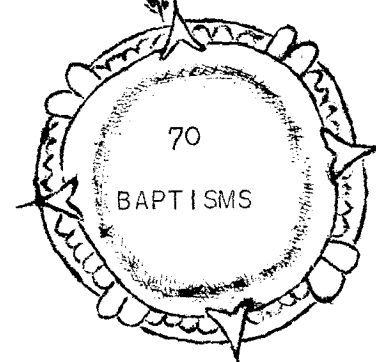
37 BAPTISMS

371.2 POINTS





TOP  
ZONE



**G**o ye therefore and  
teach all nations..

---

DONALDSON .....	195
FRANCISCO .....	93
BYRNE .....	91
JUAREZ .....	91
WEIERMAN .....	86
TENNEY .....	75
PUGMIRE .....	74
RAY .....	73
KOUGOULIS .....	69
MORGAN .....	61

---

**B**aptizing them in the  
name of the  
father and of the son  
and of the holy ghost.

---

BINGHAM .....	17
DONALDSON .....	17
HARSTON .....	17
ALLEN .....	16
CURTIS .....	16
R. HARRIS .....	16
KNIGHT .....	16
DONKIN .....	15
KOUGOULIS .....	15
MORGAN .....	15
PFEIFFER .....	15
ROUNDY .....	15
TANNER .....	15

# RESULTS FOR SEPTEMBER

<u>DISTRICT</u>	<u>SEPT. CHALLENGE</u>	<u>BAPTISMS</u>	<u>PERCENTAGE</u>
Office	15	8	53.3
El Molino	60	28	46.6
Layco Special ZLs	30	13	43.3
Layco #4	60	26	43.3
Montserrat-Santa Anita	60	25	41.0
San Marcos	60	23	38.3
Retalhuleu	60	22	36.6
Zacapa-Chiquimula	60	19	31.6
Jardín	30	9	30.0
Guatemala	20	6	30.0
Huehuetenango	30	9	30.0
Momostenango	30	9	30.0
Layco #3	60	14	23.3
Zacatecoluca	30	7	23.3
El Centro	60	15	20.2
Delgado	60	12	20.0
Layco #2	60	11	18.3
San Salvador ZLs	30	5	16.6
Mazatenango	60	10	16.6
Guatemala ZLs	30	5	16.6
Escuintla	30	4	13.3
San Miguel #2	60	7	11.6
Xela #1	90	10	11.1
Ahuachapán-Chalchuapa	60	6	10.0
Sonsonate	30	3	10.0
Xela ZLs	30	3	10.0
San Salvador #1	60	6	10.0
Florida	90	6	6.6
Patizicia	30	2	6.6
Totonicapán	30	2	6.6
San Miguel #1	60	4	6.6
San Miguel ZLs	30	2	6.6
Layco #1	60	4	6.6
Santa Ana ZLs	30	2	6.6
El Modelo	30	1	3.3
Jutiapa-Jalapa	60	2	3.3
Sololá	30	1	3.3
Coatepeque	30	1	3.3
Cipresales-Jocotales	60	2	3.3
Chimaltenango	30	0	0.0
Coast ZLs	30	0	0.0
Usulután	30	0	0.0
Santa Lucia	60	0	0.0
El Salvador ZLs	30	0	0.0
Barrio Nuevo	30	0	0.0
TOTALES:	2015	344	16.9

## EL SALVADOR

### Salvador North Zone

Thurston, ZI Porter, ZIC

#### Santa Lucía

Blake, DI  
Judd  
Fugal, S., Sr  
Sowards  
Delgado #1 & 2  
Shurtleff, DI  
Fugal, Jens  
Terry, Sr  
Byrne  
Layco  
Roundy, DI  
Harris, M.  
Carmichael, Sr  
Ray  
Mejicanos  
White, P., DI  
Workman

#### Santa Ana Zone

Shoffield, ZI Thompson, ZIC

#### El Modelo

Moulton, DI  
Weierman  
El Centro  
Redd, DI  
Brunnette  
Ashworth, Sr  
Hill

#### El Jardín

Tucker, DI  
Curtis

#### El Molino

Reed, K., DI  
Allen, S.  
Knight, Sr  
King

### Salvador South Zone

Jacobsen, ZI Francisco, ZIC

#### Santa Tecla

Berrett, DI  
Harmon  
Monerrat  
Torres, DI  
Beck  
Briggs, Sr  
Wanberg  
Santa Anita  
Bingham, DI  
Shelley, Co-sr  
Donaldson, Sr  
Harris, R.  
Central-San Jacinto  
Benton, DI  
Swertfeger  
Erickson, Sr  
Smith, W.

#### San Miguel Zone

Flake, ZI Stock, ZIC

#### Usulután

Snow, DI  
Radford  
Zacatecoluca  
Ceballos, DI  
Snedaker  
San Miguel #1  
Asay, DI  
Hadlock  
Lines, Sr  
Orgill  
San Miguel #2  
Corbett, DI  
Drussel  
Mathis, Sr  
Palmer

### El Salvador Zone

Morgan, ZI Buhler, ZIC

#### Chal.-Ahuachapán

Gifford, DI  
Clark  
Kougioulis, Sr  
Turley  
Barrio Nuevo  
Slater, DI  
Carter  
Sonsonate  
Gain, DI  
Kupfer  
Jutiapa-Jalapa  
Peshell, DI  
Ashbaker  
Lohrke, Sr  
Ottley

## GUATEMALA

### Xela Zone

Jepsen, ZI, Jacobs, ZIC

#### San Pedro-San Marcos

Pfeiffer, DI

Hales

Donkin, Sr

Trump

#### Totonicapán

Zinn, DI

Thomas

#### Huehuetenango

Currit, DI

Rice

#### Momostenango

Talbot, DI

Leavitt

#### Xela

Matthews, DI

Socio

Petersen, Sr.

Jones, D.

Burton, Co-sr

Ovard, Co-sr

### Guatemala South Zone

Anderson, ZI Alder, ZIC

#### Wards #1 & 3

Rush, DI

Heaton

Pugmire, Sr

Golden

#### Cipresales-Jocotales

Castle, DI

Gunn

Burton, Sr

Webster

#### Zacapa-Chiquimula

Stone, DI

Tanner

Henrie, Sr

Proctor

### Coast Zone

Van Leeuwen, ZI Welch, ZIC

#### Retalhuleu

Tenney, DI

Poole

Harston, Sr

Hatch

#### Coatepeque

Goodwin, DI

McLemore

#### Mazatenango

Greenwood, DI

Sainsbury

Bonus, Sr

Melville

#### Escuintla

Dixon, DI

Clason

### Chimaltenango Zone

Bateman, ZI Howe, ZIC

#### Sololá

Hewlett, DI

Albaugh

#### Patzicá

Brown, DI

Ellsworth

#### Chimaltenango

Prettyman, DI

Wade

#### La Florida

Allen, H., DI

Durrance

Evans, Sr

Dent

Ballou, Co-sr

Conkling, Co-sr

#### Office Sisters

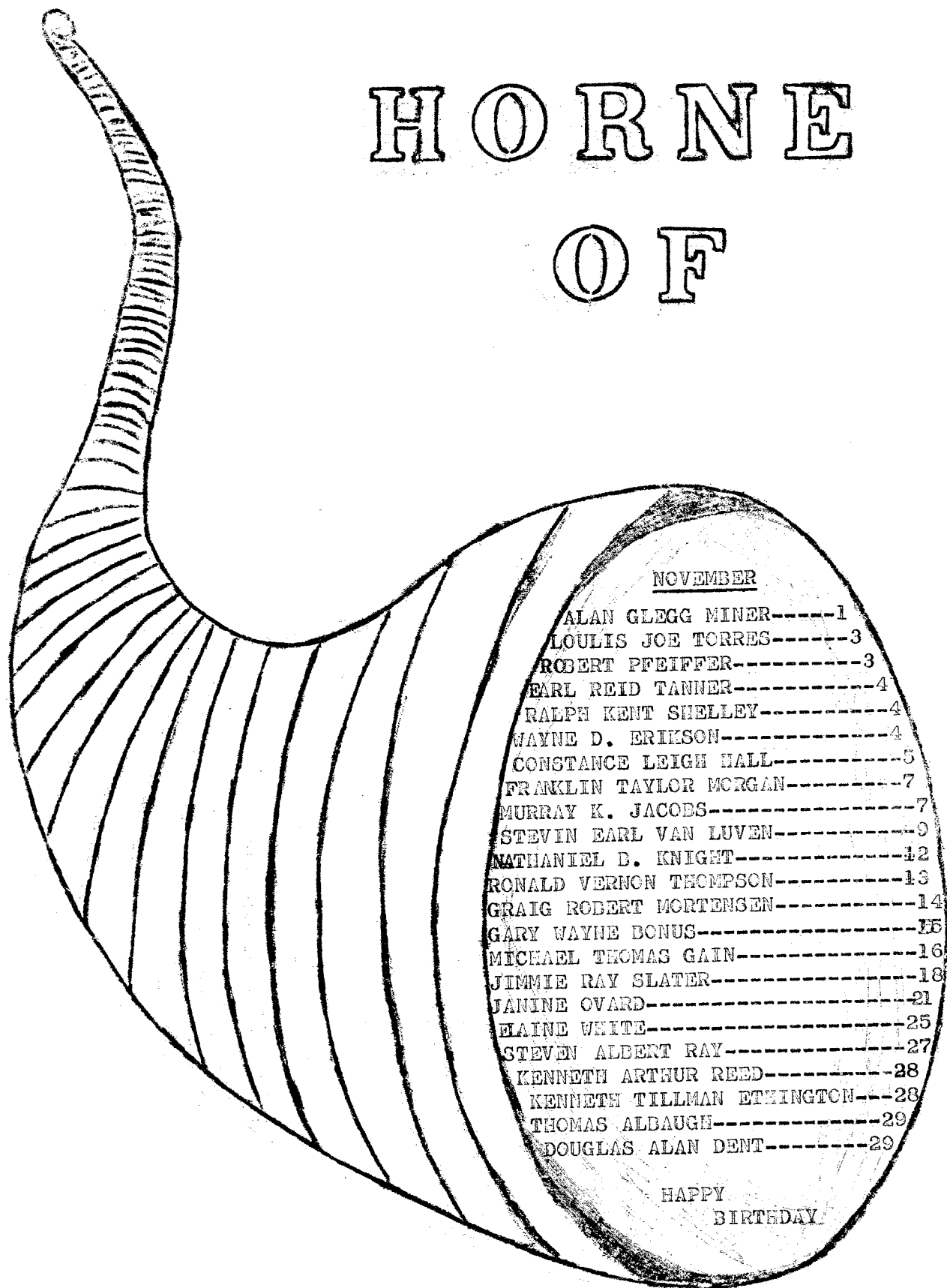
Hall, Co-sr

Torres, Co-sr

White, E., Sr

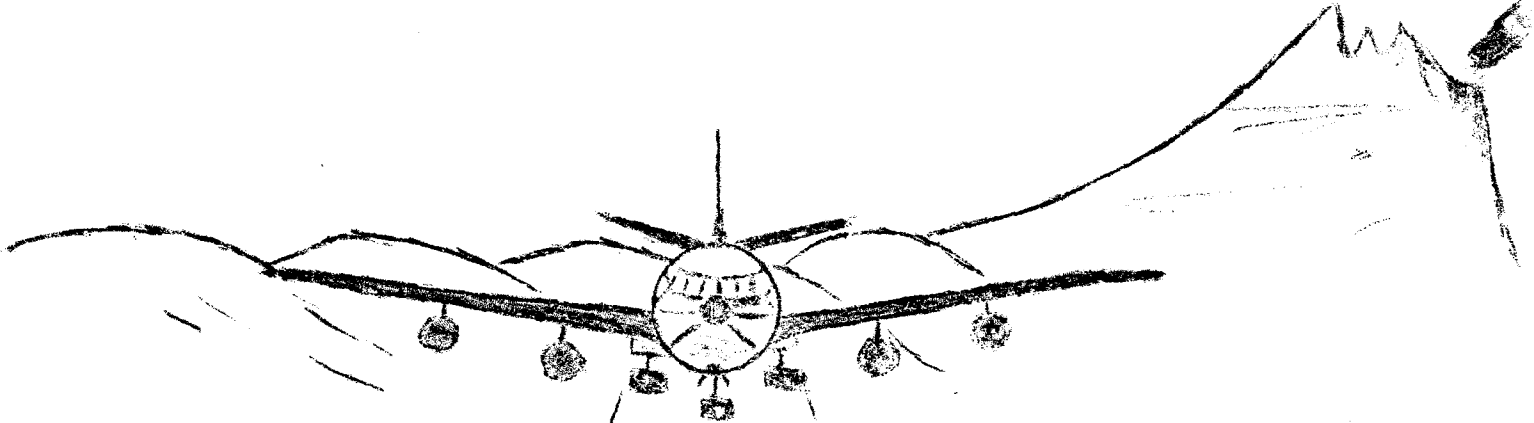
Weaver

# HORNE OF



# BIRTHDAYS





Stephen C. Webster  
From: Sandy, Utah  
Going to: Guatemala  
With: Elder Burton

Dennis Golden  
From: Henderson Nevada  
Going to: Guatemala city  
With: Elder Pugmire

Darrel Clark From: Tacoma Wash-  
ington Going to: Chalchuapa With  
Elder Gifford

Fred Kirk Heaton From: Kanab, Utah  
Going to: Guatemala city With: Elder Rush

Douglas John Brunnette From: Rochester  
Minnesota Going to: Santa Ana With: Elder  
Redd

Jeffery Doyné Clayson From: Fresno, California  
Going to: Escuintla, With: Elder Dixon

BIENVENIDOS

A LA MISION GUATEMALTECO-SALVADOREÑA

## SELF IMPROVEMENT PROGRAM

1. HAVE A COMPANION STUDY CLASS DAILY. SELECT SEVEN INSPIRATIONAL TALKS WHICH WILL BE INSTRUMENTAL IN KEEPING YOU MOTIVATED DAY AFTER DAY, TALKS TO HELP YOU RENEW YOUR DETERMINATION, AND COMMITMENT TO SUCCESSFULLY FOLLOW THE PROGRAM AS OUT-LINED.
2. FAST DAYS:  
THERE ARE FEW EXPERIENCES MORE HUMBLING AND CONSISTENTLY SATISFYING SPIRITUALLY THAN THAT OF TRUE FASTING. IT IS SUGGESTED THAT A SERIES OF SPECIAL FAST DAYS BE USED (PERHAPS THREE) FOR THE PURPOSE OF RECEIVING EXTRA SPIRITUAL STRENGTH PERIODICALLY THROUGHOUT THE FORTY DAY PERIOD. TWO OF THESE MAY BE NORMAL FAST SUNDAYS.
3. MAKE A CHECKLIST OF CERTAIN VIRTUES YOU WOULD LIKE TO INCORPORATE INTO YOUR CHARACTER, SOME OF THE TALENTS YOU WISH TO DEVELOPE, AND ANY BAD HABITS YOU DESIRE TO ERADICATE. THE LIST SHOULD INCLUDE TEN ITEMS. A LIST INCLUDING MORE THAN TEN ITEMS TENDS TO DISPERSE YOUR EFFORTS IN TOO MANY DIRECTIONS. WITH YOUR CHECKLIST, COMMIT EACH OTHER EVERY MORNING TO WORK ON THESE VARIOUS ITEMS DURING THE DAY. AT NIGHT BEFORE RETIRING, REVIEW YOUR CHECKLISTS TO SEE HOW FAITHFUL YOU WERE TO YOUR COMMITMENTS. KEEP IN MIND THROUGHOUT THE DAY THAT YOU WILL BE REVIEWING YOUR SUCCESS EVERY NIGHT. IN OTHER WORDS, YOU WILL HAVE TO "ANSWER" FOR YOUR CONDUCT.
4. STUDY CLASS AND DAILY COMMITMENT:  
HAVE A COMPANION STUDY CLASS DAILY, BASED ON ONE OF THE SEVEN INSPIRATIONAL TALKS YOU HAVE SELECTED. AFTER THE STUDY CLASS, GO DOWN YOUR COMMITMENT LIST AND MAKE UP YOUR MIND TO IMPROVE ON THE TEN ITEMS LISTED. YOUR COMMITMENT PERIOD IS NOT OVER UNTIL YOU ARE FULLY COMMITTED.
5. SIT DOWN AND WRITE YOURSELF A LETTER AS IF YOU WERE WRITING TO SOMEONE THAT IS LIKE YOU IN EVERY RESPECT. EXHORT THIS PERSON, ADMONISH HIM, MAKE SUGGESTIONS FOR A MORE DISCIPLINED CHARACTER, AND A MORE RADIATING PERSONALITY. SEAL THE LETTER AND READ IT AT THE END OF TWENTY DAYS, AND AGAIN AT THE END OF THE FORTY DAY PERIOD.
6. NECESSARY REAFFIRMATION PERIODS:  
THIS IS THE SAFETY VALVE FOR THE PROGRAM. AT SONETIME DURING THE FORTY DAYS RESOLVE WILL BE WEAK AND DEDICATION WILL BEGIN TO WAVE. AT THESE TIMES IT MAY BE NECESSARY TO HAVE A SPECIAL "EMERGENCY" MEETING WHERE THE GOALS AND PURPOSES OF THE PROGRAM AND THE CHECKLIST ARE FRANKLY DISCUSSED. SIT DOWN WITH YOUR COMPANION AND REBUILD THE DESIRE TO OVERCOME YOUR CHECKLIST OF WEAKNESSES. DO NOT GIVE IN--THIS IS WHEN THE REAL BATTLE BEGINS. IF THIS BATTLE IS LOST THE PROGRAM UP TO THIS POINT HAS BEEN SOMEWHAT FUTILE. CONSIDER CAREFULLY JOSEPH SMITH'S WORKS: "FOR DOUBT AND FAITH DO NOT EXIST IN THE SAME PERSON AT THE SAME TIME; SO THAT PERSONS WHOSE MINDS ARE UNDER DOUBTS AND FEARS CANNOT HAVE UNSHAKEN CONFIDENCE; AND WHERE UNSHAKEN CONFIDENCE IS NOT THERE FAITH IS WEAK; AND WHERE FAITH IS WEAK THE

## SELF IMPROVEMENT PROGRAM CONT.

PERSONS WILL NOT BE ABLE TO CONTEND AGAINST ALL THE OPPOSITION, TRIBULATIONS, AND AFFLICTIONS WHICH THEY WILL HAVE TO ENCOUNTER IN ORDER TO BE HEIRS OF GOD, AND JOINT HEIRS WITH CHRIST JESUS; AND THEY WILL GROW WEARY IN THEIR MINDS, AND THE ADVERSARY WILL HAVE POWER OVER THEM AND DESTROY THEM."

7. IT IS NECESSARY TO DEVELOPE COURAGE IN OVERCOMING WEAKNESSES. RECOGNIZE YOUR WEAKNESS. WHEN YOUR WEAKNESS MAKES ITSELF MORE APPARENT, IS WHEN YOU ARE MOST ANXIOUS TO OVERCOME IT. THE CRISIS PASSES, THE WEAKNESS FAKES INTO THE BACKGROUND AS TIME PASSES, AND THEN YOU FOOL YOURSELF, BE THINKING WE'VE CONQUERED OUR PROBLEM, WE DROP OUR GUARD AND JUST LIKE NIGHT FOLLOWS DAY THE WEAKNESS RE-APPEARS, AND WE HAVE NO DEFENSE TO COMBAT IT AND CONQUER BECAUSE WE HAVE ALREADY DROPPED OUR GUARD. RATHER LIKE A CANAL WITH A HEADGATE. IF THE CANAL IS DRY AND THE HEADGATE IS OPEN, THERE SEEMS TO BE NO DANGER, BUT WHEN THE WATER COMES THERE WOULD NEVER BE ANY DANGER.

MAINTAIN HUMILITY BEFORE THE LORD ETHER 12:7.

AVOID SITUATIONS WHICH MAKES THE WEAKNESS MORE PRONOUNCED.

8. HOW TO MAINTAIN RESOLVE:

1. NOURISH THE SEED--PLAN YOUR HARVEST.

"BUT BEHOLD, IF YE AWAKE AND AROUSE YOUR FACULTIES, EVEN TO AN EXPERIMENT UPON MY WORDS, AND EXERCISE A PARTICLE OF FAITH, YEA, EVEN IF YE CAN NO MORE THAN DESIRE TO BELIEVE, LET THIS DESIRE WORK IN YOU, EVEN UNTIL YE BELIEVE IN A MANNER THAT YE CAN GIVE PLACE FOR A PORTION OF MY WORDS.

NOW, WE WILL COMPARE THE WORD UNTO A SEED. NOW, IF YE GIVE PLACE, THAT A SEED MAY BE PLANTED IN YOUR HEART, BEHOLD, IF YE DO NOT CAST IT OUT BY YOUR UNBELIEF, THAT YE WILL RESIST THE SPIRIT OF THE LORD, BEHOLD, IT WILL BEGIN TO SWELL WITHIN YOUR BRESTS; AND WHEN YOU FEEL THESE SWELLING NOTIONS, YE WILL BEGIN TO SAY WITHIN YOURSELVES--IT MUST NEEDS BE THAT THIS IS A GOOD SEED, OR THAT THE WORD IS GOOD, FOR IT BEGINNETH TO ENLARGE MY SOUL; YEA, IT BEGINNETH TO ENLIGHTEN MY UNDERSTANDING, YEA, IT BEGINNETH TO BE DELICIOUS TO ME.

BUT IF YE NEGLECT THE TREE, AND TAKE NO THOUGHT FOR ITS NOURISHMENT, BEHOLD IT WILL NOT GET ANY ROOT; AND WHEN THE HEAT OF THE SUN COMETH AND SCORCHETH IT, BECAUSE IT HATH NO ROOT IT WITHERS AWAY, AND YE PLUCK IT UP AND CAST IT OUT.

NOW, THIS IS NOT BECAUSE THE SEED WAS NOT GOOD, NEITHER IS IT BECAUSE THE FRUIT THEREOF WOULD NOT BE DESIRABLE; BUT IT IS BECAUSE YOUR GROUND IS BARREN, AND YE WILL NOT NOURISH THE TREE, THEREFORE YE CANNOT HAVE THE FRUIT THEREOF.

ALMA 32: 27, 28, 38, 39.

- A. MAKE YOUR ENVIRONMENT WORK FOR YOU.

BUILD AN ATMOSPHERE AROUND YOU WHEREIN RIGHTEOUSNESS MAY DWELL. IF CLEAN AND VIRTUOUS THOUGHTS ARE THE DESIRED GOAL, AVOID LEWD AND SUGGESTIVE MOVIES OR BOOKS. IF SEEKING FOR A POSITIVE ATTITUDE, REFRAIN FROM CRITICIZING, COMPLAINING AND USING WORDS

## SELF IMPROVEMENT PROGRAM CONT.

WHICH CARRY A NEGATIVE FEELING. GO OUT OF YOUR WAY TO AVOID TEMPTATION REMEMBERING THE STORY OF JOSEPH WHO WAS SOLD INTO EGYPT WHO, RATHER THAN BE TEMPTED--"GET HIMSELF OUT."

### B. COMPENSATION.

BE ACTIVELY ENGAGED IN GOOD CAUSES--D&C 58: 27-28

ORGANIZE YOUR DAY AND FILL EVERY MOMENT WITH UPLIFTING PROJECTS. UTILIZE YOUR TIME SO EFFECTIVELY THAT THERE IS NO TIME FOR DISTRACTIONS OF A SHADY NATURE. STUDY CLASS, PRAYERS, TRACTING, LESSONS, SCRIPTURES READING, ETC.

AT TIMES RATHER THAN OVERCOMING A BAD HABIT, A CONSTANTLY FIGHTING EVIL FORCE REPLACE THE BAD FOR THE GOOD; TAKE THE OFFENSIVE!

### C. BE HONEST IN PRAYER, BUT PRAY.

PRAY OFTEN, THE SPIRIT IS WILLING BUT THE FLESH IS WEAK. PRAY SINCERELY AND EARNESTLY. MAKE YOUR PRAYERS WORK FOR YOU. DEPEND ON THEM FOR ADDITIONAL STRENGTH AND RESISTANCE TO SIN.

D. TELL A MEANINGFUL PERSON ABOUT YOUR DECISION, HAVE HIM CHECK ON YOUR PROGRAM FROM TIME TO TIME. THE ADVANTAGE IN TELLING ANOTHER PERSON ABOUT YOUR RESOLVE IS THAT, WHEN YOU ARE SHAKY OR LAX YOUR "BUDDY" HAS THE RESPONSIBILITY OF HELPING YOU RENEW YOUR RESOLVES, TO TACTFULLY FOCUS, MAKE A SUGGESTION THAT WILL CONTRIBUTE TO YOUR PROGRESS.

2. KEEP A 3X5 CARD IN YOUR SHIRT POCKET WITH A FEW "FOOD FOR THOUGHT" PHRASES WRITTEN ON IT. WHEN EVER A SHADY THOUGHT POPS INTO YOUR MIND, RESORT TO YOUR "THOUGHT CARDS" WHEN OUR THOUGHTS ARE THREATENED BY SHADY ONES, OUR PROBLEM IS THAT WE CAN NOT THINK OF WHAT TO THINK ABOUT TO CAST OUT THE UNWANTED INTRUDERS. THE THOUGHT CARD IS MEANT TO SOLVE THIS PROBLEM. MAKE A CONSCIOUS EFFORT TO THINK VIRTUOUS THOUGHTS EVERY MOMENT. WITH TIME AND PRACTICE YOU WILL BECOME MORE PROFICIENT AT THOUGHT CONTROL. THINK A MINUTE, YOU HAVE NEVER DONE ANYTHING, WITHOUT FIRST THINKING ABOUT IT. IF YOU NEVER WANT TO BE GUILTY OF DEGRADING ACTIONS, NEVER THINK ABOUT IT.

THE FOLLOWING ARE EXAMPLES OF PERSONAL TIME SCHEDULE AND CHECK LIST

Date	Study Class	Commitment AM	1/2 Scripture	Prayers
Oct. 23			✓	
24			✓	
25				

### Check List

1. VIRTUOUS
2. HUMILITY
3. SMILE
4. CHEERFUL
5. TEMPER
6. PATIENCE
7. PERSISTENCE  
ETC.

### THIS IS IMPORTANT

What constitutes a member of the Church according to the membership desk? First we will mention the baptismal papers. If the pink copy does not get to the BP he cannot make out an Hoja "G" and the yellow baptismal slip collects dust, now speaking of yellow baptismal papers if they come in late the Hoja "G" collects dust and your baptism does not receive the blessings of being a member of the Church, because he isn't a member until I can match the Hoja "G", yellow branch card, and your baptismal slip. In my experience I have found that it is not usually the BP's fault, it is the missionary's. So if you find you have to wait too long to get a recommendation for ordination back, you will know why. Now another one of my pet peeves is the 110 FP cards. PLEASE, I do not want to do your work, as I am sure you wouldn't want to do mine, so to help out, I will return any baptismal slips that don't have a 110 FP card filled out on it, and again your baptism will lose the blessings if it gets lost. I do appreciate your work in the past.

--Elder Monroe

The following is a letter which was circulated and signed by the First Presidency.

TO ALL STAKE AND MISSION PRESIDENTS

Dear Brethren:

It has come to our attention that in our baptismal services there is frequently a serious lack of reverence on the part of those who attend these services for the purpose of witnessing the baptism of their friends or loved ones.

Baptism is a holy ordinance of great importance and should be conducted by the priesthood under the inspiration of the Lord. We request that those in charge of baptismal services be instructed kindly to take such measures as may be necessary to preserve a sacred atmosphere from the beginning to the conclusion. Reverence for sacred things is an indication of high culture and sincere faith in the Lord and in his righteousness. The spirit of true reverence in our baptismal services will impress favorably Church members and non-member friends who may attend.

We have noticed an increase in missionaries wearing sweaters and boots. Just a short reminder to tell you that these are not part of missionary attire. Therefore, please put your boots in the closet and your sweaters under a lock and key until you board the Northbound Pan Am Jet. Thank you.

It is easier to suppress the first desire than to satisfy all those that follow it. --Benjamin Franklin

Prayer is the language of humility. --Sterling W. Sill

The mission fad is jumping rope. In a recent competition Elder Taylor jumped twice as many times without missing as did Sister White. He was rewarded with a medio-litro, which offset all the benefits of this grueling exercise.